



Dear Parents,

28th September 2016

Your child will have the opportunity of taking part in a Cross Country Relay Event for boys and girls. The aim of this competition is to provide a fun, team-based experience in cross country which will hopefully encourage more children to run in the main cross country event later in the term. There will be same-sex relays of 3 x 600m and 3 x 300m with a 1200m individual race for all athletes to finish off the event. Athletes can run in both or either relays plus the individual race at the end.

Children are responsible for sorting out teams of 3 for the two relay events. If they are unable to form a team of 3, they are welcome to take part in the individual race at the end.

The date of the event is Tuesday 4th October 2016. It will be held at The Heathland School, Wellington Road South, TW4 5JD from 4.00pm to 5.30pm. **Parents are responsible for transporting their children to and from the event and should remain there for the duration of the event. Please make sure you have relevant medication.**

Can you please fill in the slip below by **FRIDAY 30th SEPTEMBER** so I can enter teams and individuals in the event by the deadline.

Yours faithfully,

Mr Lawlor
P.E. Co-ordinator

Please tick the relevant boxes.

CROSS COUNTRY EVENT

- I give permission for to participate in the Cross Country Relay Event on **Tuesday 4th October 2016**.
- My child will be entering the **3 x 600m relay** with and
- My child will be entering the **3 x 300m relay** with and
- My child will be taking part in the **1200m individual race**.

I will be responsible for my child during the event and will transport them to and from The Heathland School.

Signed: Parent/Guardian

PLEASE RETURN TO SCHOOL BY FRIDAY 30th September 2016