

Sky Sports Living for Sport Live Thursday 25th February 2016 Westway Sports and Fitness Centre

Dear Parent or Guardian of Y3 children,

Year 3 have been invited to take part in Sky Sports Living for Sport Live on Thursday 25th February at Westway Sports and Fitness Centre. The day will start at 09:55 for registration and conclude by 14.30. We will be travelling to the venue by bus to Hammersmith and tube to Latimer Road. Children will need to be in school promptly to leave as soon as possible and will return to school by **3.30-3.45pm**. Please ensure you are at school to collect your child at 3.30pm.

Sky Sports Living for Sport is run in partnership with Youth Sport Trust and formed of multi-week and one-day sports projects with schools, supported by world-class Athlete Mentors, to inspire young people and them to build confidence and practical skills.

As part of this initiative, Sky Sport Living for sport Live allows primary school children to take part in sports, skills and challenge sessions led by world-class Sky Sports Living for Sport Athlete Mentors, with the aim of building life skills through sport. The event is supported by Sky staff volunteers and Young Leaders from Sky Sports Living for Sport secondary schools.

What happens on the day?

Throughout the day the students will participate in the following:

- 2 x sport based activity sessions delivered by Athlete Mentors, Volunteers from Sky and Young Leader Mentors
- 1 x Healthy living session – introducing healthy food choices based around the Change4Life programme delivered by Athlete Mentors, Volunteers from Sky and Young Leader Mentors
- 1 x Athlete Mentor Story – the Athlete Mentor will share their sporting journey with the students
- Each of the above sessions will also focus on key life skills including
 - Mental Toughness - Never giving up / Face a challenge / Think you can
 - Hunger to Achieve - Trying your very best / Being determined / Want to do it
 - People Skills - Working in a team / Working together / Talking to each other
 - Sports / Life Knowledge – Right and wrong / Good & bad / Knowing the rules
 - Planning for Success – Thinking how to do something / working things out
 - Breaking Barriers – Trying new things / Trying harder / Doing something different

What to bring

- Students should wear normal school PE kit to and from the school.
- All students should bring a packed lunch and a healthy snack in a disposable plastic bag – no glass bottles.
- All students should bring a water bottle which can be refilled throughout the day.
- All students should bring warm clothes (for any potential when outside activities), as well as a change of clothes (for if they get wet).
- **RETURN A SIGNED COPY OF THE PHOTO CONSENT BY 12TH FEBRUARY.**



Part of sky | ACADEMY



Please complete the form below and return to school by Friday 12th February 2016.

Sky Sports Living for Sport Live Consent Form

Please note, a sufficient number of assigned teachers will take all pupils to and from Westway Sports and Fitness Centre.

Does your child have any accessibility/disability requirements that we need to be aware of for participation in this type of event

Yes / No (delete as required)

If yes – please advise

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I give _____ (child's name) permission to be photographed* at the Sky Sports Living for Sport Live event on Thursday 25th February.

Parent Signature

*** On the day, our event team and selected Sky staff will be filming and taking photos. These will be shared with your child's school and also used online and in printed format to encourage more schools to get involved, and may also be used in Sky programming and internally at Sky.
Please sign above to let us know that we have permission to use any photos or film that your child might appear in. If you do NOT give permission, please make your child's teacher aware immediately.**

Please return this form to school by Friday 12th February 2016