



Dear Parents/Carers,

21<sup>st</sup> June 2016

**Skipping Workshops held on Wednesday 22nd and Thursday 23rd June 2016**

I am delighted to inform you that we have invited Skipping Workshops to work with KS1 and KS2 to teach different skipping skills.

Skipping Workshops have presented demonstrations in over 2000 schools, represented Great Britain in international skipping events and appeared on many TV shows.

Their aim is to encourage children and adults to skip for health, fun and fitness, whilst introducing modern and traditional skipping games including **individual rope tricks**, **speed skills** and **Double Dutch**, back into the playground. The school supports these aims.

The same high quality '**speed ropes**' as used by the international team, will be on sale at school at a **reduced** cost of **£4.00**. The ropes are made to a high standard, are light and turn easily to allow children and adults to progress rapidly. New colour change solar ropes are **£6**. Adult ropes are also available for older siblings and your personal fitness/weight loss etc at **£6** each 4m 'family ropes' at **£7.50** each and 2 x Double Dutch ropes for **£12**.

*If you are interested in purchasing a skipping rope please put your cash or cheque in an envelope with child's name and class on the front. **Ropes will also be on sale after school on Wednesday 22<sup>nd</sup> June.***

NB If your child is bringing their rope to school; please make sure it is labelled!

Yours sincerely,

**A Donnelly**

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**Please use this part of the slip for returning to school for the purchase of skipping ropes if not purchasing on the day of the workshop/demonstration**

Name of Child:.....Class:.....

Would like to purchase

- ..... x children's ropes (£4.00 each)
- ..... x children's SOLAR rope (£6 each)
- .....x adult ropes (£6 each)
- .....x family ropes (£7.50 each)
- .....x Double Dutch ropes (£12 each set)

I enclose payment of £..... (Cheques made payable to 'Skipping Workshops 3')