

Join Casey to celebrate:

St David's Day on Friday 1st March 2019

March 1st is St. David's Day, the national day of Wales and has been celebrated as such since the 12th Century. Today the celebrations usually involve the singing of traditional songs followed by a **Te Bach**, a tea with bara brith (famous welsh fruited bread) and teisen bach (welsh cakes). Young girls are encouraged to wear national costume and leeks or daffodils are worn, being the national symbols of Wales.

Dydd Dewi Sant hapus!

**Pesto Bagel Melt with Jacket
Wedges (M)**

**Vegetarian Sausage,
Leek & Potato Mash Pot (V)**

**Cheese, Onion & Baked Beans
Oggie (Pastie) (A)**

Green, red, white themed salad bar

**Fresh Fruit whipped up with
cream on pancakes**

