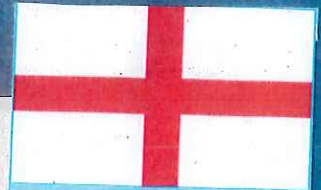


Happy St George's Day!

Sadie takes a trip around

23 April 2018



The flag of England



# BRITAIN

Choose a main meal...

Roast Beef, Yorkshire Pudding, Roast Potatoes and Gravy (M)

Veggie Toad in the Hole, Roast Potatoes & Gravy (M)

Cheddar Ploughman's (A)

St. George, so the story goes, killed a dragon on the flat topped Dragon Hill in Uffington, Berkshire, and it is said that no grass grows where the dragon's blood trickled down!

Seasonal Cabbage

Carrots

Red & White Salad Bar

for dessert...

Red Fruit Skewers

Fruit Trifle

Shakespeare, born on 23<sup>rd</sup> April 1564, made sure that nobody would forget St. George, and has King Henry V finishing his pre-battle speech with the famous phrase, 'Cry God for Harry, England and St. George!'

**St George's Day on Monday 23<sup>rd</sup> April 2018**

*Saint George* is the patron saint of England. *St George's Day* is 23<sup>rd</sup> April. He is thought to have been a high ranking Roman Army officer around 303AD who refused to deny his Christian Faith. Stories of his strength and courage spread throughout Europe and although he probably never visited England his name was known here. In the middle ages the dragon was depicted to represent the devil, or any mortal enemies of England, and it was the 12th century Crusaders who first invoked his name as an aid in battle.